

Curriculum Vitae

	Name (First Name / Middle Name / Last Name)	IDA NORMIHA HILMI
	Title (Prof. Dr., etc.)	PROFESSOR
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Educational Background

Graduated with first-class honours from the University of Glasgow in 1997. She went on to do her training in internal medicine in Oxford and obtained her Membership of the Royal Colleges of Physicians of the United Kingdom (MRCP) in 2000.

Subsequently joined the Northeast London Gastroenterology and Hepatology specialist program before returning to Malaysia in 2003.

Professional Career

Current the Chair of the National Hepatology and Gastroenterology Training Committee and is the President Elect for the Malaysian Society of Gastroenterology and Hepatology. Other positions include Honorary Secretary for the Asian Education Network in IBD (IBD-AEN), Board member of the Asian Organization for Crohn's and Colitis (AOCC) and the Malaysian lead for the IBD Emerging Nations Consortium (IBD-ENC). Past positions include Head of the Department of Medicine, Head of Division in Gastroenterology and Hepatology and Director of Endoscopy in University Malaya. Co-founder and first Chairman of the Malaysian Inflammatory Bowel Disease Special Interest Group (IBD-SIG).

Research Fild

Main Scientific Publications

2025

Hracs L, Windsor JW, Gorospe J, Cummings M, Coward S, Buie MJ, Quan J, Goddard Q, Caplan L, Markovinović A, Williamson T, Abbey Y, Abdullah M, Abreu MT, Ahuja V, Raja Ali RA, Altuwaijri M, Balderramo D, Banerjee R, Benchimol EI, Bernstein CN, Brunet-Mas E, Burisch J, Chong VH, Dotan I, Dutta U, El Ouali S, Forbes A, Forss A, Gearry R, Dao VH, Hartono JL, Hilmi I, Hodges P, Jones GR, Juliao-Baños F, Kaibullayeva J, Kelly P, Kobayashi T, Kotze PG, Lakatos PL, Lees CW, Limsrivilai J, Lo B, Loftus EV Jr, Ludvigsson JF, Mak JWY, Miao Y, Ng KK, Okabayashi S, Olén O, Panaccione R, Paudel MS, Quaresma AB, Rubin DT, Simadibrata M, Sun Y, Suzuki H, Toro M, Turner D, Iade B, Wei SC, Yamamoto-Furusho JK, Yang SK, Ng SC, Kaplan GG; Global IBD Visualization of Epidemiology Studies in the 21st Century (GIVES-21) Research Group. Global evolution of inflammatory bowel disease across epidemiologic stages. *Nature*. 2025 Jun;642(8067):458-466.

Yuan-Yuan Zhang¹, Ramoo Vimala², Ping Lei Chui², Ida Normiha Hilmi. Clinical Trial: Effect of Abdominal Vibration Combined With Walking Exercise Programme on Bowel Preparation in Older Patients With Constipation. *Aliment Pharmacol Ther* 2025 May;61(9):1447-1457

Limsrivilai J, Lai AY, Li STH, Abdullah M, Ali RAR, Aniwani S, Bui HH, Chou JW, Hilmi IN, Lim WC, Sollano J, Teo MMH, Wei SC, Leung WK.

Role of 5-aminosalicylic acid in ulcerative colitis management in 8 Asian territories: a physician survey. *Intest Res*. 2025 Apr;23(2):117-128.

2024

Yuan-Yuan Zhang^{1,2}, Ramoo Vimala¹, Ping Lei Chui¹, Ida Normiha Hilmi³ An abdominal vibration combined with walking exercise (AVCWE) program for older patients with constipation: Development and feasibility study Saudi J Gastroenterol 2024 May 1;30(3):173-180.

Natalie Yu, Tanya Lee¹ Daniel Tassone¹, Sara Vogrin Steven Phan, Damien M Wu³, Jason Zhang, Luke Wang, Jason Tjahyadi, Krishneel Dutt Hana Liou, Chamara Basnayake, Emily Wright, Ola Niewiadomski, Mark Lust, Julien Schulberg, Michael A Kamm, William Connell, Alexander J Thompson, Ida Hilmi Raja A Raja Ali Shu C Wei, Peter De Cruz, Antony B Friedman Gregory T Moore, Daniel Van Langenberg, Nik S Ding 6-Thioguanine nucleotide levels are associated with infliximab but not adalimumab levels in inflammatory bowel disease patients on combination therapy *Intern Med J* 2024 Nov;54:1856-1866.

Chew DCH, Khoo XH, Lee TS, Chin KY, Raja Ali RA, Muhammad Nawawi KN, Wan Ibrahim NR, Hilmi I. A Systematic Review on the Increasing Incidence of Inflammatory Bowel Disease in Southeast Asia: Looking Beyond the Urbanization Phenomenon. *Inflamm Bowel Dis*. 2024 Sep 3;30(9):1566-1578.

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Buie MJ, Quan J, Windsor JW, Coward S, Hansen TM, King JA, Kotze PG, Gearry RB, Ng SC, Mak JWY, Abreu MT, Rubin DT, Bernstein CN, Banerjee R, Yamamoto-Furusho JK, Panaccione R, Seow CH, Ma C, Underwood FE, Ahuja V, Panaccione N, Shaheen AA, Holroyd-Leduc J, Kaplan GG; Global IBD Visualization of Epidemiology Studies in the 21st Century (GIVES-21) Research Group; Balderramo D, Chong VH, Juliao-Baños F, Dutta U, Simadibrata M, Kaibullayeva J, Sun Y, Hilmi I, Raja Ali RA, Paudel MS, Altuwaijri M, Hartono JL, Wei SC,

Limsrivilai J, El Ouali S, Vergara BI, Dao VH, Kelly P, Hodges P, Miao Y, Li M. Global Hospitalization Trends for Crohn's Disease and Ulcerative Colitis in the 21st Century: A Systematic Review With Temporal Analyses. *Clin Gastroenterol Hepatol*. 2023 Aug;21(9):2211-2221.

Mak JWY, Sun Y, Limsrivilai J, Abdullah M, Kaibullayeva J, Balderramo D, Vergara BI, Paudel MS, Banerjee R, Hilmi I, Ali RAR, Wei SC, Ng KK, Altuwaijri M, Kelly P, Yamamoto-Furusho JK, Kotze PG, Ahuja V, Chong VH, Dao HV, Abbey Y, Ching JYL, Ho A, Chan AKW, Bernstein CN, Gearry RB, Abreu M, Rubin DT, Dotan I, Hracs L, Kaplan GG, Ng SC; GIVES-21 Consortium.

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Zhang YY, Vimala R, Chui PL, Hilmi IN. A Systematic Review of Exercise Therapy for Bowel Preparation: Evidence to Guide Practice. *Gastroenterol Nurs* 2023 Sep-Oct;46(5):393-403

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Han Hee Lee, Jae Jun Park, Bo-In Lee, Ida Hilmi, Jose Sollano, Zhi Hua Ran Diagnosis of inflammatory bowel disease-Asian perspectives: the results of a multinational web-based survey in the 8th Asian Organization for Crohn's and Colitis meeting *Intest Res* 2023 Jul;21(3):328-338.

Simovic I, Hilmi I, Ng RT, Chew KS, Wong SY, Lee WS, Riordan S, Castaño-Rodríguez N. ATG16L1 rs2241880/T300A increases susceptibility to perianal Crohn's disease: An updated meta-analysis on inflammatory bowel disease risk and clinical outcomes. *United European Gastroenterol J*. 2024 Feb;12(1):103-121

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Hor, J. W., Lim, S. Y., Khor, E. S., Chong, K. K., Song, S. L., Ibrahim, N. M., Teh, C., Chong, C. W., Hilmi, I. N., & Tan, A. H. (2022). Fecal Calprotectin in Parkinson's Disease and Multiple System Atrophy. *Journal of movement disorders*, 15(2), 106–114.
<https://doi.org/10.14802/jmd.21085>

Nik Muhamad Affendi, N. A., Ravindran, S., Siam, T. S., Leow, A. H., & Hilmi, I. (2022). Jaundice in a Primary Sclerosing Cholangitis Patient: A New Cause in a New Era. *Inflammatory bowel diseases*, 28(3), e29–e30. <https://doi.org/10.1093/ibd/izab250>

Khong, T. L., Khoo, X. H., & Hilmi, I. (2022). A Systematic Review on the Effectiveness of Clinician-Directed Interventions to Improve Compliance to Post-Polypectomy Surveillance Guidelines. *Digestive diseases (Basel, Switzerland)*, 40(5), 654–664.
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